

# THE STONE HOUSE CAFE

1907 S. Arlington Avenue  
Reno, 294-3895

*Paul Abowd/Owner & Chef, Cyrina Abowd/Owner*

**Best**  
of Northern Nevada

**RN&R 10**

## When and how did you get started in this business?

I was born into this business. My Father was a confectionaire and later opened the 7 Abowds with fellow family members in Antioch, California. My wife Adele and I started our first family style restaurant in the Bay Area in 1950.

## What inspires you to go to work every day?

The memory of my Father and my lovely family. Like myself my children were raised working in our businesses allowing us family time together. Cooking is my passion and the public inspires me each day.

## Why do you think RN&R readers voted you The Best?

Never think you're the best. I am fortunate enough to have two young people, Jorge and Maria, who have been with me for seventeen years, and my daughter, Cyrina. They always know they can do better, giving me the confidence I need in my kitchen and a menu that appeals to all ages and palates.

## What makes your business different than your competitors?

I never say anything negative about anyone. They have their ideas and visions and I have mine. I had a vision for the Stone House Café, which was the vision of my late wife Adele. We wanted this restaurant to be a part of the neighborhood, where families and friends could come together to enjoy breakfast, lunch and dinners.

## Any advice for people who want to make their business The Best?

My Mission statement from the start has been "Where curiosity is absolute. Where excitement of what we do is forever changing and learning never ends. These challenges we do accept, for you are whom we must please."

